



## HEALTHY LIVING

### SURREY COUNTY COUNCIL'S LOCAL COMMITTEE REIGATE AND BANSTEAD)

5<sup>TH</sup> JUNE 2006

#### KEY ISSUE

This report provides the Local Committee with an update on health services and the healthy living policies in Reigate and Banstead.

#### SUMMARY

Surrey County Council provides a number of services that support local residents to stay healthy. As the statutory provider of social care services in Surrey, the County Council works closely with partner organisations (especially the Primary Care Trusts), to improve health services and healthy living in the County.

This report provides information on health in Reigate and Banstead aimed at providing a context for discussions with partner representatives.

#### OFFICER RECOMMENDATIONS

##### The Committee is asked to

- (i) Note the achievements and aims of individual organisations and partnerships around health services and healthy living.
- (ii) Consider how local committee members might continue to support partners in improving local healthcare, particularly in relation to community care services, young people and healthy living.

## 1 INTRODUCTION AND BACKGROUND

- 1.1 Surrey County Council provides a number of services that support local residents to stay healthy. As the statutory provider of social care services in Surrey, the County Council works closely with partner organisations (especially the Primary Care Trusts), to improve health services and healthy living in the County.
- 1.2 Surrey County Council is the statutory provider of social services for children and adults. Following the County Council's Business Delivery Review, Surrey Children's Services and Adult and Community Care services will come together under the same directorate, Services for Families.
- 1.3 The families directorate is one of two core service areas that cover the majority of the council's frontline services. It will provide:
- Children's services
  - Adults services
    - Physical and sensory disabilities
    - Services for older people
    - Learning disabilities / mental health services
  - Schools and Learning
    - Early years services
    - Youth services
    - Education
- 1.4 In recent years, the role of schools in supporting a healthy lifestyle for children has been highlighted. As the Local Education Authority, Surrey County Council works in partnership with schools, partners and businesses to help promote healthy lifestyles within schools.
- 1.5 The Health and Social Care Act 2001 provides statutory powers to councils to watch over and promote health improvements in their areas. Councils with social care responsibilities were able to appoint overview and scrutiny committees, which may review any matter relating to the planning, provision and operation of local health services and make reports and recommendations to local NHS bodies. Surrey County Council appointed a Health Scrutiny Committee to fulfil this role in Surrey, in conjunction with all the interested partners.
- 1.6 Under the Local Government Act 2000, Surrey County Council also has power to do anything, which it considers is likely to achieve the promotion of economic, social or environmental well being.

- 1.7 The Department of Health have confirmed proposals to restructure the five Primary Care Trusts (PCT) across Surrey into a single Surrey wide PCT, which will take place on 1<sup>st</sup> October 2006.
- 1.8 Annex A provides a Department of Health profile for Surrey and Reigate and Banstead. The profile highlights:
- That, in general, people in Reigate and Banstead tend to have healthier lifestyles than elsewhere in England, however, 19.6% of adults are obese;
  - The relatively older population of Reigate and Banstead;
  - The correlation between poorer health and poverty, with nearly 2,300 children living in low income households within Reigate and Banstead

## **2 REIGATE AND BANSTEAD COMMUNITY PLAN**

- 2.1 The current community plan includes a priority to help older people stay independent. Other priorities include healthy living aspects such as helping families with children or providing facilities for young people. The County Council agreed corporate priorities in 2005/06 to extend social care for vulnerable adults and improve services for children, families and young people.
- 2.2 Key achievements of the Community Plan include:
- Increasing the use of mobile drug education vehicles to schools across the Borough;
  - Increasing the levels of children walking and cycling to school through the golden boot challenge;
  - New health promotion worker;
  - Exercise classes for the elderly;
  - 24 hour nursing service, enabling more 'high need' users to remain at home;
  - Establishing a walking for health scheme;
  - Improving falls prevention work.
- 2.3 The Local Strategic Partnership recently agreed to consult on themes for a new community plan. One of the 4 themes is focusing on access to community facilities for teenagers, including health services.
- 2.4 Annex B contains information provided by partners on the key successes and barriers to improving health and healthy living in the Borough. This information is aimed at providing a context for discussions with partner representatives.
- 2.5 Annex C contains a proposal to the Local Strategic Partnership to promote healthy lifestyles. The partnership approved the paper on 20<sup>th</sup> June; work is now underway to develop options for implementing the proposals.

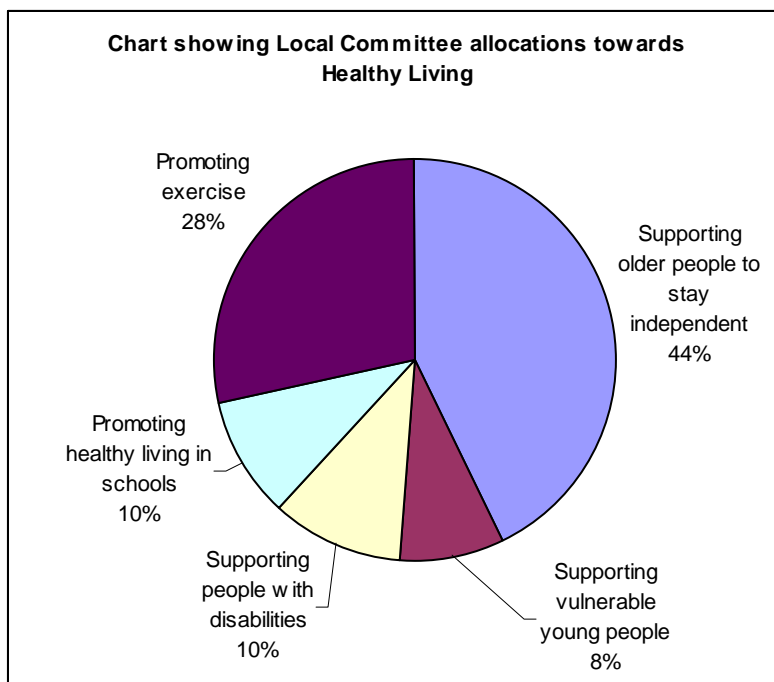
### 3 LOCAL COMMITTEE FUNDING

3.1 The Local Committee has previously agreed that priorities for spending delegated funding should come from the County Council's corporate plan, or the Reigate and Banstead community plan, including those summarised in section 2 above.

3.2 Since its inception, the Local Committee has allocated a total of £124,695 revenue funding towards projects that will, in some way, support healthy living in Reigate and Banstead.

3.3 This has been across:

Supporting older people to stay independent	£53,185
Promoting exercise	£35,537
Supporting people with disabilities	£13,087
Promoting healthy living in schools	£12,386
Supporting vulnerable young people	£10,500



3.4 These allocations represent 23% of the total revenue funding allocated by the Local Committee since its inception.

3.5 The Local Committee has also allocated £55,000 capital funding towards projects that will support older people (The Mobility Independence Scheme and Colebrook Project Hydro).

3.6 Last year, the Local Committee allocated £17,346 revenue and £35,000 capital towards health/healthy living projects, representing 17% of the revenue and 100% of the capital funding available in 2005/06.

#### **4 FINANCIAL IMPLICATIONS**

- 4.1 It is anticipated that the older population in Surrey will increase considerably over the next 10 years. This will have implications for services for older people.

#### **5 CRIME & DISORDER IMPLICATIONS**

- 5.1 The Primary Care Trusts are statutory members of the Crime and Disorder Reduction Partnership, working with Surrey County Council and other members of the partnership, to achieve the targets of the Community Safety Strategy.

#### **6 EQUALITIES IMPLICATIONS**

- 6.1 There are no equalities implications to consider.

#### **7 CONCLUSION AND REASONS FOR RECOMMENDATIONS**

- 7.1 There is an increasing need for organisations to work in partnership, to tackle the health priorities in Reigate and Banstead. As the Local Education Authority and statutory social care provider, Surrey County Council will have a leading role in supporting healthy living projects.

#### **The Committee is asked to**

- (i) Note the achievements and aims of individual organisations and partnerships around health services and healthy living.
- (ii) Consider how local committee members might continue to support partners in improving local healthcare, particularly in relation to community care services, young people and healthy living.

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**BACKGROUND PAPERS:**

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